



Kailash Masarovar Yatra

15 days Ex-Kathmandu

A pilgrimage that finds resonance in the soul



USHA
INDIAN DESTINATIONS
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Udan Khatola[®]
Ropeways to the Gods

Kailash Mansarovar Yatra



**MAA AMBAJI UDANKHATOLA
AMBAJI - GUJARAT**



**MAA MAHAKALIKA UDANKHATOLA,
PAVAGADH - GUJARAT**



**MALAMPUZHA GARDENS
KERALA**



**MAA MANSADEVI UDANKHATOLA
HARIDWAR – UTTARAKHAND**



**MAA CHANDIDEVI UDANKHATOLA
HARIDWAR – UTTARAKHAND**

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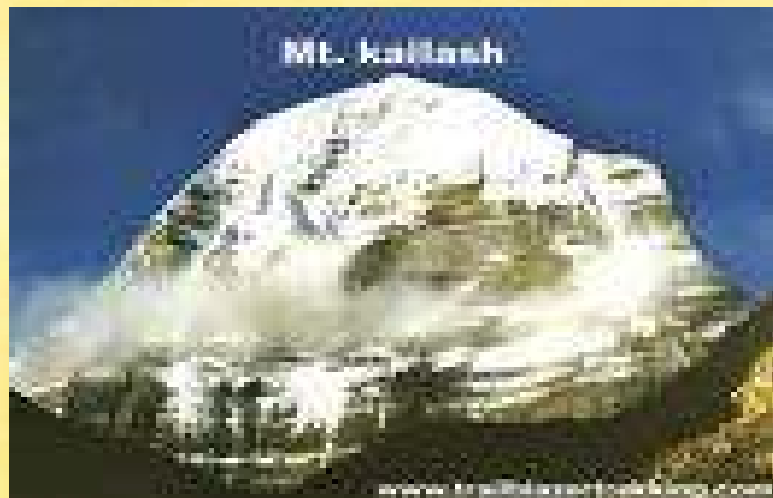
Embark on the journey to the abode of the Gods with "Usha Indian Destinations", a division of Usha Breco Ltd.

Usha Breco Limited (UBL) is a joint venture between highly respected global conglomerate, Usha Martin Group and British Ropeway Engineering Co. Ltd. (BRECO), U.K.

Usha Breco Ltd. Is accredited with ISO 9001:2008 certification and has been providing efficient & reliable ropeway services to the pilgrims visiting the holy townships of Haridwar, Ambaji & Pavagadh.



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Hotel Vaishali ,Kathmandu



Mt. Kailash (6714 M)

Mt. Kailash (6714m) is the most sacred mountain in Asia. It is believed to be the physical embodiment of the mythical Mt Meru, said to be the center of the universe or 'navel of the world'. Mt. Meru is depicted as a mandala, and its image occurs throughout both Buddhist and Hindu parts of Asia.

Lake Mansarovar:

Located at an elevation of 4510m. Hindu pilgrims make an 85km. circuit around Manasarovar that is made longer and more difficult by marshes and complicated stream crossings. The Tibetans, being more pragmatic, often make a circuit of the lake in the winter when the streams are frozen and the route is shorter. Near Manasarovar is another large lake, Rakshas Tal or The 'Demon Lake' that holds far less spiritual significance.



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Itinerary

Day 01: Katmandu (1300 Mts.) Arrival, Our representative will meet at the airport and escort you to the Hotel, rest of the day free at own.

Day 02: Katmandu - After breakfast go for Katmandu sightseeing including Pashupatinath and Buddha Nikanth Darshan, back to hotel and rest of the day is free for packing and program briefing.

Day 03: Katmandu to Nyalam (3700 Mts. - 160kms.) - This is the first day of the Yatra. After breakfast depart from Katmandu to China border by reserved tourist coach. It takes about 05 hours. Our agent will complete custom formalities and check into Tibet - an autonomous part of China. After lunch drive to a small Tibetan town called Nyalam by Land Cruiser. Overnight stay at Nyalam Guest House. Breakfast and dinner in camp side and packed lunch will be provided.

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Day 04: Nyalam Full day acclimatization - Full day free for excursion of Nyalam city.

Day 05: Nyalam to Saga (4200mts. - 268kms) - After breakfast drive from Nylam to Saga for about 06:00 hours.

Day 06: Saga / Paryang(4300mts. - 270kms) – After breakfast drive from Saga to pyrang overnight at guesthouse. to Chui Gompafor about 07:00 hours. Overnight stay in tent or guesthouse.

Day 07:Pyrang to Mansarover (278 Km) Stay at Mansarover (4510mts.) - After breakfast drive to Mansarover 6-7 hrs over night at guesthouse



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Day 08: Mansarovar to Darchen (4600mts. - 45kms.) - morning take dip in Mansarovar free for pooja and hawan, day free for spiritual activities. Drive around 2.30 hrs to Darchen and overnight stay there. Astapad excursion can be done at extra cost.

Day 09: Darchen to Diraphuk (4890mts. - 12kms.) - This is the first day of Kailash Parikrama. We should start our journey after breakfast as early as possible. This day we have to walk continuously for about 6 to 7 hours. Yak will carry all our goods and equipment. Overnight stay at Diraphuk in tent.

Day 10: Diraphuk to Zhulthulphuk (4790mts. - 22kms.) - This day is very sensitive and we have to pass Dolma-La Pass, which is 5400 mt. above sea level. The weather is unpredictable in Dolma-la Pass and at any time snowstorm can fall. So we try to start our journey as early as possible. In route we can have Darshan of Gaurikund but it is very difficult to go and touch. Overnight stay in route to Zhulthulphuk in tent.

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Day 11: Zhulthulphuk to Pyrang - We will Trek down to Darchen later our tour starts back for Kathmandu following the same route and same system applies for all subjects of our accommodation and meal.

Day 12:Pyrang to Saga - Drive back to Dongbaor saga overnight at guesthouse.

Day 13: Saga to Nyalam - Drive back to Nyalam, which is the last stay in Tibet part overnight at guesthouse.

Day 14: Nyalam to Katmandu - After custom formalities we will be picked up by Nepal side and continue drive to Kathmandu for about 05.00 hours and check into same hotel.

Day 15: Morning check out hotel, transfer to airport, catch flight for next Destination.

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Package Costing :

Rs. 81600/ + Service Tax.

For NRI and Foreigner : US\$ 450 Extra



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Included

Arrival & departure transportation
Sightseeing tour of Pashupatinath,
Boudhanath and Budhanilkantha.
3 nights hotel at Kathmandu on twin sharing
basis with all meals
Transfer to Kodari by tourist bus
Tibet side: accommodation in decent
hotel/tents
While camping we provide two-man tents,
mattresses, sleeping bag & camping
equipments like dining & toilet tents
Pure vegetarian meals, Japanese land
cruisers (4WD) & support trucks
English speaking Tibetan guide
Nepali tour leader
Gamow bag, oxygen, basic first-aid kit
Kailash permit & normal Tibet/China visa fee.

Excluded

Airfares from Home - Kathmandu -
Home
All beverages, Photography charges and
Telephone calls
Travel Insurance of clients
Emergency evacuation expenses.
Riding Yak/Horse for Kailash Parikrama
(direct payable to Yak/horse herder)
Extra cost in the event of landslide for
hiring additional transportation
expenses of personal urgent visa fee etc
& Services other than specified

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What we provide to our clients:

Sleeping bag, down Jacket, Gamow bag and Oxygen.

We don't charge extra for the parikrama. If you wish to take help of a yak or horse, the cost will be approx US\$ 100 for Yak and USD 200 for horse payable directly to the yak herder. All Indian pilgrims are advised to hire one. You have to understand that the yaks are not domesticated but are meant to carry luggage.

Estimate for Additional Activities

Horse for personal ride on kora days is around US \$200.00

Extra ride for day trip to Astapad US \$22.00

Extra day in Kathmandu INR 1800.00 for Indian and 45.00\$ for others with 2 meals and accommodations.

INR 2200.00 for Manakamana day trip including both way cable car tickets and transportation.

Muktinath and Manakamana day trip INR 16500.00 per person including one night in Pokhara, one nights Jomsom round trip flight with meal, transport.

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IMPORTANT PRE-DEPARTURE INFORMATION:

Clothing:

Casual wears and comfortable walking shoes are the rule of Tibet . Be sure to bring warm clothing as nights and early mornings can be quite chilly to down right cold. Indian Pilgrims strictly no Sari. Bring all the film, medicine, cosmetics, personal toilet items etc. that you will need from home as these are difficult if not impossible to obtain on the way. A small first aid kit is also a good idea. Also quite useful is a route map, to know where you are going and have been each day.

What to take:

Winter wear: Gore-Tex material, though expensive, is highly recommended. Down jacket, raincoat or windbreakers, thermal under wears, Jackets, warm trousers & woolen shirts (cotton will also do), warm sweaters, woolen gloves, sun hat, comfortable shoes, light leather boots in case of snow, woolen balaclava ('monkey cap') & scarf/dust mask to protect your eyes & nose from dust.

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Bring with you:

Snacks along the way. Chocolates, dry fruit, toffees, glucose; 'namkeen' etc. Strong water bottle & water purifying tablets. Personal medical kit and Diamox tablet (for high altitude). Sun glasses (to protect your eyes from UV, which is especially strong in high altitudes). Sun block or sun screen lotion, wet tissues (Fresh-ones are excellent to wipe off the dust), clothes-line/clips, needle & thread, deo-spray (handy for smelly boots/feet and for a round of spray in the toilet tent!), toilet paper, torch & spare batteries, daypack (small

Altitude Sickness:

As you are traveling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation. This can take a couple of days or more depending on an individual. For this reason alone, we have made it mandatory to stay 2 nights at Nyelam (12000ft) and a night in Simikot those who take journey of Helicopter before moving on to the higher altitudes. Drink plenty of water, be calm, and do not exercise. Do not drink alcohol or smoke prior to and during the tour. We also recommend you carry a strip of diamox tablets. Do consult your physician on the dosage. We provide

Health:

This is one of the toughest high altitude road journeys on earth. You Must be physically fit - no two ways about that. Generally patients with asthma & heart problems have a problem acclimatizing to high altitudes. In your interests it is essential you should be examined by your doctor to know about your health condition and your ability to cope up with the rigors of high altitude travel for days in 'no road' conditions, extreme cold, dust, trekking to

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KATHMANDU ARRIVAL DATES

Month	Dates
May	17, 22, 26, 29
June	02, 07, 16, 21, 30
July	03, 10 (Full Moon-Guru Purnima), 14, 20, 28
August	02, 08 (Full Moon-Rakhi/Janai Purnima), 18, 20, 25
September	07 (Full Moon), 20,

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Testimonials



SATISFIED CUSTOMERS

M A Vakil
Date: 10/11/05

Mr. Derpak Bhai: Though the tour was to be cancelled because we were the only two persons the trip took place and so we feel we are highly obliged to Vatah Insaan Deshmukh.

M.A. Deshmukh
We had joined Mr. Eshwar Dham from 05-06 to 15-06. The Chandrasekhar was made by his own arrangements. Every other arrangement provided by company. The hotels were nice & food was good. I sincerely congratulate Vatah for his service. I will definitely recommend to my friends & relatives to join the tour with Vatah Insaan.

Kirit Rao
Date: 10/06/07

Bal Surekal
Date: 12/05/07

I had visited in Delhi to Haridwar, Rishikesh, Gangotri, Yamunotri, Kedarnath & Annapurna. We were 6 people in all (3 pairs). The arrangements were superb. Not to take arrangements were nice. Everything was to our liking. The guides were very helpful. The trip was a great pleasure. We had enjoyed our holiday.

It was an excellent tour. I don't think we could have got anything better than this. The trip was very comfortable. Accommodation was very good. And food was very tasty. The trip was very much possible just because of the Vatah Insaan. He was the person to make us get this tour. He very much assured us about the facilities during the tour. Overall we were very much pleased with the facility we got. We would like to go again once in a while. Only with USHP. BREC only.

Rakesh Agrawal
Date: 17/05/08

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Our Offices

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